



# SYSTEM UNIVERSAL HEALING TAO SLOVAKIA

Invites all taoist meditators, integrators and Tao friends on

## **Instructor Tao School with AI Certification**

(Associated Instructor of System Universal Healing Tao)

**1 year study, year 2019**

Theory and Practice of the Universal Healing Tao System by Master Mantak Chia

### **For whom the study is intended:**

- For all those interested who want to develop the power of healing, develop strength and peace of mind and relax their emotions, ground, develop consciousness and knowledge...
- To gain deeper knowledge and practical knowledge of Taoist Alchemy, Chinese medicine and the practice of old Taoist exercises
- For all those interested in acting as an instructor in the Universal Healing Tao System and to spread the knowledge they have learned and in the form of teaching to develop health and energy as a lifestyle.
- For alchemists, healers, martial arts practitioners, therapists, meditators....

### **Form and extent of study:**

The Instructor's School consists of Courses covering a minimum of 8 Methodology Courses, 2 Improving Retreats, 1 Preparation and Evaluation in number of 110 hours.

A first-level is Associate Instructor Certificate that entitles the trainee to teach and spread the knowledge gained, in the place of his residence within the certificate key issued.

### **1st grade AI: Prerequisites for the Associate Instructor Evaluation**

8 methodological courses, 2 improvement retreats, 1 preparation, evaluation (total about 110 hours)

- Basics (12 hours 1 course)
- Taoyin I, Cosmic chikung and warm up (12 hours 2 courses)
- Iron Shirt I (12 hours 1 course)
- Tiantien chikung and Taoyin II (12 hours 2 courses)
- Tai chi chikung I form (12 hours 1 course)
- Healing Love I, Healing Love for, man, Healing Love for women (12 hours 2 courses)
- Fusion I (12 hours 1 course)
- Spring Retreat Tao Exercise (20 hours 3 days)
- Tao at Sea - health relaxation & improving (30 hours 7 days)
- Summer Retreat - Tai chi chikung I, form & Principles (30 h 5 days)
- Autumn Retreat –Tao of Breath (20 hours 4 days)
- Winter Retreat – Inner Alchemy (25 h 5 days)
- Preparation for Associate Instructor evaluation certification (6 hours)
- Evaluation certification (3 hours)

For each course, student will get a methodological brochure and on Preparation a methodological brochure for an associate instructor. At the same time, after successful graduate evaluation associate instructor will receive a support material and an explanatory methodical slide for the purposes of teaching Basics. The student will get Passport and E passport for recording courses and retreats....

**After successfully obtaining a certificate, you are eligible for the following bonuses:**

- Practitioner is included in the prestigious Universal Healing Tao System
- Practitioner benefits from 30-50% discount on all methodological courses in Slovakia, which repeats, 10-20% discount on international courses with Mantak Chia and stays in Tao Garden in Thailand
- 20% discount on methodical materials
- The practitioner is under the protection of the spiritual line of Tao Masters
- The practitioner is authorized to teach and spread UHT system at his / her home location within the range of the issued certificate.

## **Calendar of Courses & Retreats for year 2019**

### **January 2019**

19.- 20. Basics of Tao

### **February**

02.- 03. UPDATE of Basics for adepts & instructors

16.- 17. Taojin I & Cosmic chikung, warm up

### **March**

2.- 3. Iron shirt I & Detox hitting

### **April**

06.-07. Tiantien chikung & Taojin II

11.-14. Spring Retreat Tao of exercises in Fatra

### **May**

18.- 19. Healing Love I, Healing love for man, for woman

### **June**

01.- 02 Tai chi chi kung I form of 13 movemens

08.- 15. Tao at sea Relax Retreat in Croatia

### **July**

20.- 27. Summer Retreat of Tai chi chi kung I in Tatras

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### **September**

21.- 22. Basics of Tao

### **October**

03.- 06. Fall Retreat Tao of Breath

25. Preparation for evaluation for AI

### **November**

09.-10. Healing love II, III

22. Evaluation for AI instructors

### **December**

31.nov.- 1.Fusion I

7.- 8.Fusion II

### **January 2020**

02.- 12. Winter Retreat in Tatras Inner Alchemy

**For more program details of Retreats, please ask for info for English speakers!**

11.-14. April 2019 Spring Retreat in Fatra Tao of exercises

08.- 15. June Tao at sea Retreat in Croatia

20.- 27. July Summer Retreat of Tai chi chi kung I in Tatras

03.- 06. October Autumn Retreat Tao of Breath in Fatra

02.- 12. 2020 January Winter Retreat in Tatras Inner Alchemy

Methodological courses, including preparations and evaluation, are realized in **Tao Center in Bratislava Slovakia in Europe**. Content of courses & retreats see listed on [www.taojoga.sk](http://www.taojoga.sk) in the weekly courses section or ask by email. **Registrations and payments** and the possibility of paying tuition fees will be sent by email. Please ask by email for details.



**Lecturer: Július Masarovič**, senior instructor of the Universal Healing Tao system. Working in system for over 15 years, and has been trained under Master Mantak Chia in Tao Garden, Thailand. Graduate Master of Physics, 10 years of practice in brokerage, banking, graduate of Traditional Chinese Medicine in herbology and Chinese Dietetics. He has experience, practice in Zen meditations. He combines scientific knowledge with old Taoist practices and specializes in Inner Alchemy and Cosmic healing. He is member of Council of 9, country Coordinator for Slovakia. Over 15 years he trained and methodically taught over 1000 students. Since 2004 he has been running Tao School, where he trained 27 UHT instructors.



**Assisting Lecturer: Martina Medvecká**, certified instructor of the Universal Healing Tao System, practitioner and teacher of the Chineitsang Massages. Working for the last 5 years full-time as a Tao instructor and lecturer. She graduated from the Pedagogical Faculty of the University of Bratislava. She worked for senior management in travel and IT company, certified coach diploma. She is a certified graduate of the IZI LLC method, led by Dr. Hew Lena Hooponopono Technique. She is a graduate of the Yoga course in everyday life, the Silva Method of Mind Control and Angelic Healing. She has consecration to Imara Reiki.



**Assisting Lecturer: Jozef Neubauer**, certified instructor of the Universal Healing Tao System. He has active sportsman background and investigation carrier. He has experience in Zen meditations.



**Assisting Translator: Nina Paulinyová**, certified instructor of the Universal Healing Tao System, practitioner of the Chineitsang Massages. She is English teacher in school. She has experience in dreaming yoga, Buddhist meditations.

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