



# SYSTEM UNIVERSAL HEALING TAO SLOVAKIA

Invites all Tai chi friends, Tao instructors and listeners of Tao School on

## 3 days Tai Chi preparation In Bratislava with sightseeing 02.-04. July 2018

In the summer time is excellent to stay for some days in Beautiful European city Bratislava.  
During these days we will focus on morning and evening practice of Tao exercises ..Tai chi kung I.  
During these days we learn and improve the 13 movements and 5 directions.  
But also we spend nice time in the old town ..with brilliant view from the castle  
Short trip with boat on biggest European river Danube with old big history Devín.  
And petang tournament in the oldest park of the middle Europe.

**3 days Tai chi Preparation is focusing on precise movements of Tai Chi Chi kung I form**

**Requirements:** recommended Basics knowledge of Tao

**Teaching language:** held in English

### Harmonogram:

Arriving and accommodation in Sunday 01. July acclimatisation

Recommended Hotel Viktor <http://www.hotelviktor.sk/en/> 20m from **Tao Center Kremnická 26 Bratislava**

or Pension Berg 200m <https://www.penzionberg.sk/en/>

### Monday to Wednesday:

"07 00 - 07 30 Morning detox and energetic warm up

"07 30 - 09 00 Morning Practice - Taichi I Form

"09 00 - 10 00 Breakfast time ...

"11 00 - 15 00 Trips in the City and lunch time ...

"17 15 - 18 15 Taoyin

"18 30 - 20 00 Evening Practice - Taichi I Form

### Additional program:

"11 00 - 15 00 on Monday Bratislava City Sightseeing

"11 00 - 15 00 on Tuesday Boat trip to historical Devín

"11 00 - 15 00 on Wednesday Petang tournament in historical park

"08 00 - 13 00 on Thursday removing to Liptovský Mikuláš 300 km on Tai chi Retreat Slovakia 2018

**Prices: 3 Days preparation Tai Chi and Exercises in Bratislava**

**Tai Chi Chi kung I form course price 100€**

**Accommodation:** 1night 50€ double bed in Hotel Viktor, or single 29€ with breakfast in Berg

**Registration:** by mail, [taojoga@taojoga.sk](mailto:taojoga@taojoga.sk) or via telephone, or personally.

At the same time is necessary soon, places are limited, latest till end May

Pay via banking transfer non-refundable registration deposit 50€. The rest is paid at registration on place.

Name and address of bank account:

Mgr, Július Masarovič - LIEČIVÁ TAO ALCHÝMIA

Address Vilová 9, 851 01 Bratislava

IBAN SK43 1100 0000 0026 2581 8442 BIC (SWIFT) TATRSKBX

In remark put the whole name of participant

## Universal Healing Tao Slovakia Team:



**Lecturer: Július Masarovič**, senior instructor of the Universal Healing Tao system. Working in system for over 15 years, and has been trained for under Master Mantak Chiu in Tao Garden, Thailand. Graduate Master of Physics, 10 years of practice in brokerage, banking, graduate of Traditional Chinese Medicine in Phototherapy and Chinese Dietetics. He has experience, practice in Zen meditations. It combines scientific knowledge with old Taoist practices. He specializes in Inner Alchemy. He is member of Council of 9, country Coordinator for V4 and Slovakia. Over 15 years he trained and methodically taught over 2,000 students. Since 2004 he has been running and running Tao School, where he trained 25 certified instructors



**Assisting Lecturer: Martina Medvecká**, certified instructor of the Universal Healing Tao System, practitioner of the Chineitsang Massages. Working for the last 5 years full-time as a Tao instructor and lecturer. She graduated from the Pedagogical Faculty of the University of Bratislava. She worked for senior management in travel and IT company, certified coach diploma. She is a certified graduate of the IZI LLC method, led by Dr. Hew Lena (Knowing My Own through the Hooponopono Technique. She is a graduate of the Yoga course in everyday life, the Silva Method of Mind Control and Angelic Healing. She has consecration to Imara Reiki.

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